



# SUMMER SCHOOL

## GRADES 5-8

### 100

**GAMES GALORE!** Make new friends playing games that promotes fun in a low-stress, high-laughter environment. Apples to Apples, Dominoes, Yahtzee, Uno, Rummikub and more! Bring games from home to share as well. Come join the fun in Games Galore!

### 101

**BABYSITTERS' CLUB:** This class will provide advice and tips for caring for kids of all ages. Understand safety, not only for the children but also for yourself, and gain the knowledge and good planning to make you a successful babysitter!

### 102: Grades 5/6

### 103: Grades 7/8

**BASKETBALL: Boys and girls —** Let's play basketball! This course is designed to introduce basketball skills, techniques and rules. Emphasis will be placed on fundamentals and team play. Students will participate in a variety of games and activities to practice these skills and develop an appreciation for this lifetime activity.

### 104

**BOOK CLUB:** Come read and talk with friends! We will read books according to your interests and then have a meaningful discussion while enjoying each other's company. Plan to take trips to the public library to find books to read in our book club and on your own.

### 105

**CARD SHARKS:** Put down those electronic devices and have fun playing cards with your friends and family! In this class you will learn the world's most popular card games: Yuker, 500, Hearts, Cribbage, Speed, Phase 10, Uno, Golf, and how to's in the many different styles of poker. Guaranteed to have fun in this class!

### 106

**CHESS:** Chess is a great way to learn how to strategize, anticipate, plan ahead, problem-solve, and crush your opponent! Students will have an opportunity to participate in tournaments, play against the computer, and watch an amazing movie about chess (yes, I said amazing) called *Searching for Bobby Fisher*. Join the fun with Mr. Bergman and your friends to improve your chess-playing ability.

## **107: Grade 6**

## **108: Grades 7/8**

**CHEFTAIN STRENGTH (BIGGER-FASTER-STRONGER!):** Do you want to get the mental and physical advantage over your opponent? If you do... Bigger-Faster-Stronger is what you need. Every student will be able to learn appropriate and safe weight training and fitness drills. Students will be introduced to free weights, agility drills, and plyometric training. The class is designed specifically for the athlete. Students will learn skills to get better, faster, and stronger. You will have to master proper technique before adding weight. High repetitions with low weight will be the focus of the class. Additionally, you will focus on goal development. Students will develop goals (relating to physical fitness) of a desired outcome or accomplishment which is specific, observable, and realistic. Students will determine possible barriers/obstacles and how they could overcome them.

## **109**

**COMPETITIVE SPORTS:** Come join the fun of learning the basic fundamentals of football, baseball/softball, kickball and other team sports. Additionally, there will be time for students to put their fundamentals to use in games and game-like activities.

## **110**

**CRAFTY CORNER:** Do you enjoy being crafty and creative? Each day we create a new project – mostly inspired from Pinterest! There is a wide range of projects including: jewelry making, painting, woodworking, beading and paper crafts. If you have taken this course in the past, feel free to take again as each year we create new crafts! (Cost: \$5)

## **111**

**DISC GOLF:** Explore the outdoors like never before, combining frisbees with golf. We will explore the different techniques and throws in Frisbee, or disc golf around campus and in Schillberg Park! We'll have fun playing this lifetime sport!

## **112**

**EVERYDAY READING – NO STRINGS ATTACHED!** We can often lose track of the two purposes of reading on a daily basis—to keep ourselves informed of the world around us and to be entertained. Spend some time this summer just kicking back with some everyday reading (both in print and digital formats). Let's find out what we want to look into and just learn more—together! We will have a variety of sources of reading material, but the most important thing to remember is that YOU are making the choice about what it is that you are reading.

## 113

**FILM APPRECIATION:** Are you someone who enjoys going to the theater to see the newest must-see movies? Do you enjoy watching classic films every time they are on TV? Do you have a movie (or two) that if you see it on, you have to watch it, no matter how many times you've seen it? If you answered yes to any of these questions, then this class is for you! Students will have the opportunity to screen a variety of films, including current movies, classics and documentaries! Along with viewing many films, students will learn about film structure and have the opportunity to play the role of "Film Critic" and rate and review the films they watch. This class is for anyone who loves to watch movies! Join Mr. Rysdam for this fun cinematic adventure! Be sure to bring your popcorn and candy!

## 114

**FLY FISHING:** Come and learn the basics of how to fly fish. You will learn how to tie different knots, how to read a river, what types of bugs fish eat, and how to make your own flies. I cannot guarantee you'll catch a fish, but I can guarantee you'll have fun learning new skills!

## 115

**GARDENING:** Do you have a green thumb? Do you like to be outside? Join us for this class where we will plant flowers, vegetables, make a stepping stone, garden markers, and eat some good garden-inspired food. (Cost: \$5)

## 116

**GIRLS' FITNESS:** Girls only fitness class! We will explore different exercise and fitness activities. This class will be a combination of indoors and outdoors. Come prepared with appropriate clothing for working up a sweat and a water bottle to help quench your thirst.

## 117

**GOLF:** Come one, come all! Do you have golf clubs in your garage at home that need to be dusted off and put to work? Now is the time to grab those clubs and head outside. Whether it's your first time or you have skills you want to work on, let's practice together!

## 118

**HIKING 101:** Enjoy the beauty of the outdoors! In this class you will learn the important information on how to hike safely and where you can hike. We will spend time hiking throughout the many beautiful areas of Osceola.

## 119

**IT'S A MYSTERY!** Do you love mysteries? If you do, join us for an hour of mysterious fun! We'll do activities, reading and writing that will keep you on the edge of your seat. You will be challenged with puzzles, code-breaking, and the art of escape from an "escape room." We will be reading, watching and writing our own mysteries. If you like suspense, this is the class for you!

## 120

**KIDS IN THE KITCHEN 2.0:** We are stepping up the game in the OMS kitchen! Students will work in teams of three or four to create a breakfast, lunch, appetizer, dinner, and dessert! Select from recipe options and make a grocery list. Teams will then take video and pictures during the cooking process. The finished product will be a food blog complete with pictures, videos, recipes, tips, and possible alterations! **(Cost: \$10)**

## 121

**MARCHING BAND:** (6<sup>th</sup> & 7<sup>th</sup> grade band students only) Learn fun music and practice the basics of marching band! We'll be marching in two parades and having a blast all of June!

## 122

**MONOPOLY MANIA!** Have you ever dreamed of conquering the business world? If you have, Monopoly Mania is the class for you. Buy, sell, and trade your way to building an empire in this classic favorite game. Students will have an opportunity to face off against their business competition while gobbling up railroads, properties, and doing their best to stay out of jail in the process. Possibly capping off the class will be a favorite project – making your own Monopoly Board. Join Mr. Bergman for the Mania!

## 123

**MYTH BUSTERS:** Have you ever seen the show Myth Busters? It's one of my favorites! In this class, you get to be the Myth Buster. We will explore paper airplanes, senses, speed, reflexes and more as we work through experiments designed by the Myth Busters. You will keep an online journal of your experiments and what you learn.

## 124

**OODLES OF DOODLES:** Come enjoy doodling, drawing and creative fun in this class! Each day we will doodle cool fonts, little pictures, borders, symbols and squiggles. We will use crayons, colored pencils, and markers to create beautiful art in our own books! We will even try some bullet and smash book journaling.

## 125

**PHOTOGRAPHY AND DIGITAL SCRAPBOOKING:** In this class, students will have the opportunity to practice their photography skills. We will go on nature walks at Cascade Falls, the water tower and some other wooded nature trails around Osceola. In addition, we will spend time photographing friends and use our creativity for other photography opportunities! Students will spend time each week editing and designing a Snapfish photo book online. They may use the pictures taken in class or they may bring in their own pictures from home for their photo book! We will order the book at the end of summer school so the student can take their photography work home. **(Charge: \$5)**

## **126 – 5<sup>th</sup> and 6<sup>th</sup> Grade**

## **127 – 7<sup>th</sup> and 8<sup>th</sup> Grade**

**POLE VAULTING:** Learn the basics of how to pole vault. We will start by learning form drills and strength drills to better propel you over the bar. This class will also include time practicing on the pole vault mats and pit.

## **128**

**ROCKETS FOR BEGINNERS:** In Rockets you will build two Level I solid fuel rockets that are capable of reaching a height 500 feet. The 13-inch rocket will be custom-painted and detailed so every rocket is unique. Your rocket will be launched twice during summer school with you at the controls. Rockets are able to be taken home when they have been launched and safely recovered. (Cost: \$15)

## **129**

**ROCKETS II:** In Rockets II, you will build a basic Level 1 rocket followed by a more challenging solid fuel rocket that is capable of reaching a height of 800-1200 feet. There will be a few rocket styles to choose from, and each one can be custom-painted and detailed. Each rocket you build will be launched during summer school with you at the controls. All rockets are able to be taken home after they have been launched and safely recovered. You must have taken a previous rockets class to sign up for Rockets II. (Cost: \$15)

## **130**

**RUNNING – THE ORIGINAL SPORT:** This is a class for all levels of running ability. We will start most days briefly learning about the sport of running. Then we will head outdoors and try some running ourselves. Nothing is better than getting outside and enjoying the outdoors on your own two feet.

## **131**

**SOCCER:** In this course, participants will learn the skills necessary to be a successful soccer player. Students will learn the basics of passing, dribbling, shooting and defending through a variety of games and activities. Then they'll have the chance to showcase their new skills in soccer games!

## **132: Grade 5-6**

## **133: Grades 7-8**

**STAINED GLASS:** Working with stained glass is easier than you think. It may seem difficult and time-consuming, but with knowledge and newly acquired skills, you will be able to construct sparkling sun-catchers for your home. Your skills will last you a lifetime. All you need is a willingness to learn. (Cost: \$20)

## 134

**SUMMER SCHOOL AIDE (8TH GRADE ONLY):** Are you interested in being a part of summer school and working with young Pre-K through 4<sup>th</sup> grade students? As a summer school aide, you will be there to assist the classroom teacher, actively engage with the students, help organize materials and be a positive addition to the classroom! You will be assigned to one teacher and will be with that teacher for the full four weeks and for all four hours. The teachers are excited to have your help in their classroom; therefore, your commitment and attendance are necessary.

## 135

**SUMMER WALK AND TALK:** This class gives you the chance to spend time with your friends (and meet some new friends, too!) while enjoying a summer walk. We will explore the areas around our schools, walk around the athletic track, explore Schillberg Park while hiking the many trails in the woods and along the creek ... in search of the perfect spot to have a summer picnic or build a campfire for making s'mores. There will be times when we will hop on a bus to explore some of the local hiking trails and sites including Cascade Falls and the St. Croix River. Sign up and enjoy the outdoors. Summer Walk and Talk is the class for you!

## 136

**TABLE TENNIS:** Whether you've never played table tennis before, or if you're looking to improve your skills, you'll love this fun sport. Pick up a paddle and let's get started!

## 137

**TENNIS:** Come join TENNIS where basic skills will be taught, fine-tuned, and mastered for both girls and boys. We will focus on basic strokes, strategy, rules, scoring, etiquette, practice drills, singles and doubles play. The more experienced students will receive instruction on use of spin, court positioning, footwork and advanced strategies. Are you ready for the challenge? Join us!!!

## 138

**TENNYBALL:** He's back! Mr. Krieser is back once again to teach the fun sport of Tennyball! Tennyball is a fun-filled, fast-paced game great for all ages. If you like baseball, softball, tennis, and dodge ball, this is the game for you. It combines all those skills into one game. The game is played similar to baseball or softball, but the only difference is you use a tennis racquet and tennis ball. It is played on the tennis court and no glove is required. The art of dodge ball is incorporated since you may get one another out by throwing the ball at them. Come join the fun playing TENNYBALL!

## 139

**TRACK & FIELD:** Hurdle, jump, run, throw, vault—get the edge! You will have fun as you fine-tune your athletic abilities and focus your motivation into the fast world of track and field. Learn about each event in track and field, practice your favorites, and compete in exciting individual and team events.

## 140

**TRACKING & NATURE JOURNALS:** Ever wanted to learn how to track animals or people through the woods? Then this is the class for you. We will spend time learning the tracks of multiple animals and take that knowledge to the woods. We will also journal all our findings in a nature journal.

## 141

**TUMBLING/GYMNASTICS:** Come spend some time improving your physical fitness while having fun learning new tumbling skills. Each day we will play games, explore different gymnastics events and skills, and work together to create a dance/gymnastics routine.

## 142

**VOLLEYBALL:** Boys and girls, . . . If you are looking to improve your volleyball skills, we will be working on basic skills and also enjoy game-like situations. This is a great opportunity for beginners to try something new and future players to improve their skills and knowledge of the game. Come one, come all – Let's play volleyball!!



**SWIMMING:** Swimming lessons are offered during summer school at all levels. Lessons are for two weeks. The two weeks opposite swimming, students will be in Outdoor Fun which involves a variety of activities played outside. Please enter the appropriate swimming level:

**501: Level 1**

**502: Level 2**

**503: Level 3**

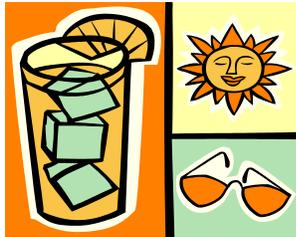
**504: Level 4**

**505: Level 5**

**506: Level 6**

**(Osceola Aquatic Center reserves the right to place students with others that have like skills.)**





# 2018 SUMMER SCHOOL REGISTRATION GRADES 5-8

**Student Name** \_\_\_\_\_ **Current Grade** \_\_\_\_\_

**Address/City** \_\_\_\_\_ **Birth Date (xx/xx/xx)** \_\_\_\_\_

**Parents' Names** \_\_\_\_\_ **Daytime Phone** \_\_\_\_\_

**Emergency Contact** \_\_\_\_\_ **Daytime Phone** \_\_\_\_\_

**List dates your child will miss due to family vacation, etc:** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please list the classes you desire in the order of interest. If you would like swimming lessons, this should be included as one of your choices.

### Favorite Choices

	Course Number	Course Name
1		
2		
3		
4		

### Alternate Choices

	Course Number	Course Name
5		
6		

All classes are free of charge unless stated otherwise. If a course requires a fee, it will be collected on the first day of summer school. A separate check for each course would be appreciated.

**Please fill out this entire page and return it to the OMS office no later than Friday, March 9.**